

Out & About



February 23, 2007

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A PUBLICATION OF DOWNTOWN MONCTON CENTRE-VILLE INC.

Calgary entrepreneur opens *Body Wise Yoga Studio* on Main Street!

Body Wise Yoga Studio, located at 698 Main Street on the third floor, is now opened to the public.

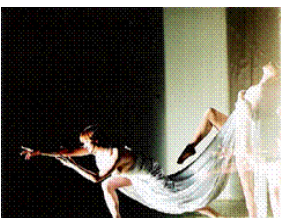


Lisa Rotter is pleased with the response her studio has received so far from local yoga enthusiasts. The studio offers *Ashtanga* style yoga classes. "It's a power yoga style that helps strengthen the core. It's a bit more vigorous, but somewhat similar to *Pilates*", explains the owner. The studio offers classes at different times during the week and classes range from fifty minutes to an hour and a half in length. For more info, contact Lisa at 388-1881.



The Candy Chameleon temporarily closed, but to reopen next to the Capitol Theatre!

For those with a sweet tooth, you'll have to be patient over the next couple of weeks as *The Candy Chameleon* has temporarily shut down its operations to relocate next to the Capitol Theatre on Main Street. "We are moving to a more appropriate location. We apologize for the temporary inconvenience and we look forward to serving our customers very soon at our new location at 819 Main Street", says shop owner Erinn Richardson. Look for the new location to be opened by the beginning March.



An evening of contemporary dance at the Capitol Theatre

The *Motus O* dance company will present *Variations in Love* at the Capitol Theatre in Moncton on **Friday, February 23 at 8 p.m.** The company will delight with an evening of thoughtful, succinctly energetic and profoundly humorous short works.

Tickets are on sale at the Capitol Theatre. Tickets can also be purchased by phone at 856-4379 or 1-800-567-1922. For more info, go to www.motuso.com



The **Party at the Pond** will take place on Sunday, Feb 25 at *Centennial Park* from 2 to 4 p.m. and will feature music, skating with the Cats, free cross-country ski lessons and rentals, and free sleigh rides. Come out and join the party!



The 5th Annual Canadian Diabetes Association fundraiser for Moncton will take place on Saturday, February 24th. This event runs from 4 p.m. until 8 p.m. at the Moncton Press Club.

"This year, we've got some bigger items to auction off so it's definitely worth checking out. And it's all for a wonderful cause", says Jim Weldon, one of the event's organizers.

Musician Pete Porter and friends will stir things up jamming at the fundraiser. Food and beverages will be available and ticket sales and auctions will take place over the course of the four hours.

For more info, contact Krista Petersen at 854 - 6452 or via e-mail at kpdufferin@yahoo.ca

Did you know?



The **Atlantic Building Supply Dealers Association** is hosting the **2007 Atlantic Building Materials Show** at the Moncton Coliseum Agrena Complex from March 1st to the 3rd.



Moncton Youth Residences Inc. Foyers de la jeunesse de Moncton inc.
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Pancake Breakfast - February 24th from 7 to 10 a.m. at Ponderosa Steakhouse

"We are thrilled that Ponderosa Steakhouse has teamed up with us to help celebrate our one year anniversary of Youth QUEST Central. We are hoping to attract at least 500 people for a hearty breakfast, family fun with Wild Willy (Mascot for Moncton Wildcats), balloons and prizes", says Cathy Manuel, Associate Director of Moncton Youth Residences. For more info, dial 869-6294.